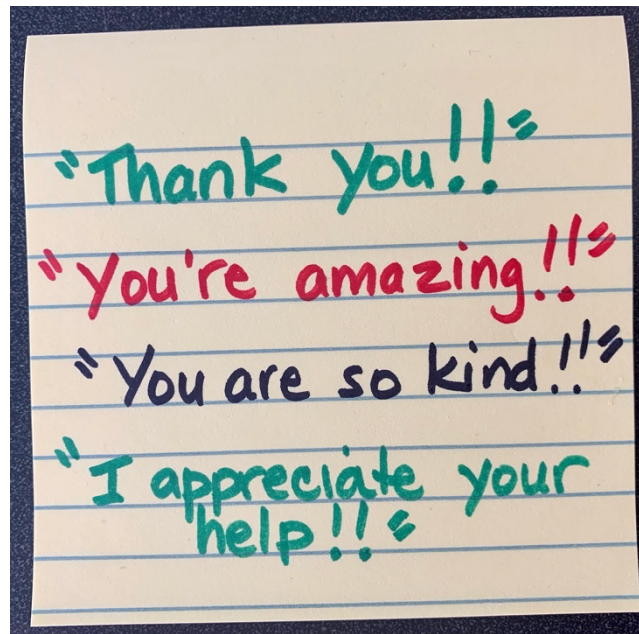


It's the **Love** and **Kindness** Project Foundation's

## 'Little **Kind Words**' Challenge!

Every day in March, please post something kind about someone you know or thank someone for something kind they've done! Tag the person in your '**Little Kind Words**' post and ask them to *pass it on* by writing a post about someone who has been kind to them!



Yes, it's just that easy! So...please help make people feel great with your '**Little Kind Words**' this March!

Together, we can make **2021 the Kindest Year Ever!**

[www.loveandkindnessproject.org](http://www.loveandkindnessproject.org)

#2021KindestYearEver