

30 Days of Earth Kindness In April 2021

To celebrate **Earth Day 2021** this year, we are inviting you to a 30-day **acts of Earth Kindness**. Do the prompt then tell us about it!

Post a drawing, picture, or a video on social media with
#LessWasteisKind
#2021KindestYearEver

30 Days of Earth Kindness Official Prompt List:

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|---|--|---|
| 1. Take a litter walk | 11. Upcycle / Recycle unwanted clothes | 21. Prepare your daily snacks with your pantry use-by products |
| 2. Rather than waste it - cook a new recipe | 12. Switch to paperless bills | 22. Happy Earth day! Go on a Hike! Enjoy nature with a friend! |
| 3. Turn the tap off | 13. Unplug your devices | 23. Donate to a local food bank |
| 4. Remember recycling | 14. Re-use shopping bags | 24. Take a shorter shower |
| 5. Plan your shopping list with your meals - buy less | 15. Plant a tree | 25. Buy from a local store |
| 6. Turn off the lights | 16. Get a compost bin | 26. Cycle or walk instead of drive |
| 7. Wash clothes with cold water | 17. Cook a vegan meal | 27. Make something new from old clothing |
| 8. Replace paper towels with cloth ones | 18. Make your own cleaning product | 28. Get your packaged grains wholesale |
| 9. Reuse food jars as glasses and storage containers | 19. Declutter your house and give it away | 29. Make a bird feeder |
| 10. Replace bulbs with energy efficient ones | 20. Send a thank you letter to a conservation non-profit | 30. Plant a seed, grow a plant at home |

Let's be kind to the Earth together!

Sponsored by The **Love** and **Kindness** Project Foundation
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