

# 21 Days of Kindness

In January 2021

To get **2021** off to the **kindest** start possible, do an **act of kindness** for each prompt, then write and/or draw about it!

Post your writing and drawings on social media **#2021KindestYearEver**

## 2021 Days of Kindness Official Prompt List:

### Be Kind To...

1. Your Family	8. Cashiers	15. Cats
2. Your Parents	9. Baristas	16. Wildlife
3. Your Neighbors	10. Postal Workers	17. The Earth
4. Your Friends	11. Trash Collectors	18. The Air
5. Your Co-Workers	12. The Homeless	19. The Water
6. Healthcare workers	13. The Hungry	20. Your Neighborhood
7. Teachers	14. Dogs	21. Yourself

\*Once you've reached 21, feel free to add your own and keep going!

Let's make 2021 the  
**KINDEST** year ever!

Sponsored by The **Love** and **Kindness** Project Foundation  
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