



# 15 Easy and Free Holiday

## Kindness Ideas



1. Smile at everyone you pass!
2. Hold the door open for someone!
3. Let people go ahead of you in line!
4. Say 'please' & 'thank-you' to everyone who serves you... (in restaurants, stores and at home!)
5. Let someone else have that parking spot... (Even if you did get there first!)
6. Give up your seat on public transportation, or on the airport shuttle bus!
7. Clean out your closet and bring extra hats, mittens, scarves and socks to the homeless!
8. Scrape the snow off the car parked beside you!
9. Shovel your neighbor's driveway and sidewalk!
10. Help someone put together that new 'do-it-yourself' toy or gadget!
11. Post a 'thank-you-a-day' on social media!
12. Call someone you haven't talked to in a while!
13. Ask the flight attendant how THEY are doing!
14. Pat your dog and cuddle your cat!
15. Put down your phone, turn off the computer and read with your kids!

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